



# SICO

Swiss International College of Osteopathy

## 20. – 23. August 2015

We are pleased to invite you to take part in the **Symposium 2015** on traditional Osteopathy.

**Choose between workshops or sign up for  
«History and Connect»**

### **WORKSHOP A: EVOLUTION OF THE OSTEOPATHIC CONCEPT OF PERCEPTION/ACTION**

**Bruno Ducoux D.O., M.Sc. (F)**

Bruno is a devoted teacher and practitioner valued by both the community and his students. As an International speaker, he has taught in Europe, the US and Russia. He is a Founding member of the "Académie d'Ostéopathie" in France and of the journal *Apostill*, he is a member of the executive council of the WOHO and also director of research training in pediatric osteopathy. He teaches at Diderot University within the DU and practices in Bordeaux, France. Member of the FROP, he is involved in the treatment of the newborn and young children. He is an excellent teacher; he transmits the essence of his work to participants and guides them to succeed in their practice.

#### **Evolution of the notion of palpation, from perception towards action.**

As with any craft or science, osteopathy is constantly evolving. It is necessary to establish ourselves with our traditions, but also to open ourselves to new horizons of perception and awareness.

Osteopathy can be practiced using a biomechanical model, with deductive reasoning and reproducible techniques using the practitioner's force. Also, many researches have shown that osteopathy may be practiced using a systematic inductive method using the inherent strengths present in the body and in the environment.

Many elements reveal themselves throughout this presentation:

A new understanding of the transmission of information through the nervous system: central, autonomic and fluidic - The vibratory fulcrum in the tissues and the fluids - The extracellular matrix as a source of information - Emotional integration and energy flow obstructions compromising health - The importance of mental health and healthy thinking including its nuances

- Still's vitalistic approach and the retroactions between the patient and the therapist in a very specific environment.

From palpation to an integration of the palpatory knowledge - The fulcrum and its interface - The use of a non linear reasoning based on the aspects of discontinuity in the matter - The integration of the cosmic biomagnetic fields in the principles of osteopathy - These fields are present in every cell and relate to the photons generated partly by the heart.

#### **«Life molds the body starting from the heart»**

An evolutive, and most definitely subjective osteopathy will be presented, using the forces present in the perceptible world with the heart as the point of resilience.

This osteopathy is a cosmic model, based on a tissular and biodynamic approach.

Self growth and growth in our environment is used as a fulcrum and as a witness.

All of these principles are already present in Still's writings.



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## Practical techniques that will be taught during the workshop

During the workshop, Bruno Ducoux will be showing many ways of working with this model of perception/action through a very multidimensional vision.

Our evolution in the universe - Solid roots for the therapist - Synchronizing with the patient and the environment - Touch / palpation / perception - Lymphatics and circulatory technics - Technics for the central and autonomous nervous system - Importance of symmetry and of the vertical midlines - The horizontal diaphragms and the extracellular matrix/fascial chains - The vibratory fulcrum and the memories in relation to the fluids - The sense of the palpatory feeling - Neutrals (in space) - Silences (in time) - The silent partner in the interface - Still Point - Activities in mindfulness - Treatments for letting go and discarding egos in all - The heart as a generator - Opening the heart of the Univers.

## Recommended for:

Student					PG
1st	2nd	3rd	4th	5th	C.O./D.O.

## Cost:

CHF 850.00 (Students CHF 800.00)

Lunch, Coffee break and BBQ are included

## Location:

SICO Swiss International College of Osteopathy  
Zinnenstrasse 7, 6353 Hertenstein

## Time:

20. August: 9am – 5.30pm

21. August: 9am – 5.30pm

22. August: 9am – 5.30pm

23. August: 9am – 4pm

## WORKSHOP B:

### FLUIDIC APPROACH TO TREATMENT OF CONNECTIVE TISSUE

## Jane Eliza Stark D.O. (Can)

Jane holds an undergraduate degree from the University of Guelph in Biology (1980) and a Master's degree from Walden University in Clinical Research Administration (2014). She also holds diplomas from Sheridan College in Sports Injury Management (1990), the College D'études Superior in Somatotherapy (2001), and the Canadian College of Osteopathy, in Osteopathy (2003). Atman College in Sophia France bestowed the honorary degree of Honoris Causa to Jane in 2008.

Jane has been practicing as a certified Athletic Therapist since 1991, and as an Osteopathic Manual Practitioner since 2003. She currently serves on the faculty of three osteopathic colleges, the Japanese Traditional Osteopathic College in Kobe Japan, the Canadian College of Osteopathy with campuses in Toronto and Winnipeg and the Collège d'Études Ostéopathiques with campuses in Vancouver and Halifax. She has been the director of research at the Canadian College of Osteopathy since 2007. Jane has been on the 1996 Canadian Medical Team for the Paralympic Games in Atlanta and on the 1998 Commonwealth Games in Kuala Lumpur. As well, she was the team therapist for the Canadian Men's Rugby Team between the years 1991-1995, retiring after the World Cup which was held in South Africa in 1995.

Jane is recognised internationally as an osteopathic historian, author, and workshop leader on the fluidic approach to treating connective tissue. To date, Jane has lectured or taught in 10 countries.

«A fantastic depth examination of the foundations of osteopathy»

Viola M. Frymann, DO, FAAO, FCA



## Course Description

This course challenges several of the commonly held paradigms regarding the understanding and treatment of fascial tissue.

In particular, it focuses on the often overlooked, yet critically important, role of loose connective tissue in the regulation of the health of the body.

Using a comprehensive theoretical approach and her practical experience with dissection and clinical practice, Jane explains, demonstrates, and supervises the practice of several techniques applicable to connective using a fluidic, rather than a fibrous, approach to its normalization.

It will also be discovered that treating the loose connective tissue through the medium of fluid is often a pathway to access a patient's emotional landscape.

## HISTORY AND CONNECT SUTHERLAND, LITTLEJOHN AND BARBEQUE WITH YOUR COLEAGUES

### Jane Eliza Stark D.O. and your Friends

## Course Description

Dive into history and discover more about John Martin Littlejohn and William Garner Sutherland. Jane brings them to life and lets you take part at the osteopathic father's life.

## Programme

- Visit our Sponsors in the entry hall
- 3pm Dive into history with Jane Eliza Stark D.O. to discover more about Martin Littlejohn and William Garner Sutherland.
- 5pm Visit our Sponsors in the entry hall  
Chat with your Friends
- 6pm BBQ at the lake

## Recommended for:

Student					PG
1st	2nd	3rd	4th	5th	C.O./D.O.

## Location:

SICO Swiss International College of Osteopathy  
Zinnenstrasse 7, 6353 Hertenstein (LU)

## Time:

- 20. August: 9am – 5.30pm
- 21. August: 9am – 5.30pm
- 22. August: 9am – 5.30pm
- 23. August: 9am – 4pm

## Cost:

CHF 850.00 (Students CHF 800.00)  
Lunch, Coffee break and BBQ are included

## Inscription:

e-mail: [welcome@sico.ch](mailto:welcome@sico.ch)  
phone: + 41 41 390 11 82

## Recommended for:

Student					PG
1st	2nd	3rd	4th	5th	C.O./D.O.

## Location:

SICO Swiss International College of Osteopathy  
Zinnenstrasse 7, 6353 Hertenstein

## Time:

- 22. August: 3pm – 10pm (depending on weather conditions)

## Cost:

CHF 150.00  
Barbeque is included

## Inscription:

e-mail: [welcome@sico.ch](mailto:welcome@sico.ch)  
phone: + 41 41 390 11 82



# SICO

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**Please tick the appropriate box(es)**

- WORKSHOP A:**  
*Evolution of the osteopathic concept of perception/Action*
- WORKSHOP B:**  
*Fluidic approach to treatment of connective tissue*
- HISTORY AND CONNECT**  
*Sutherland, Littlejohn and Barbeque with your Colleagues*

### Inscription

First Name, Last Name

Address

Postal Code, City

Phone

E-mail

The prices are for one person and one night. Breakfast and dinner are included.

- |  |            |   |           |
|--|------------|---|-----------|
| <input type="checkbox"/> single room, ensuite bathroom | CHF 103.00 | <input type="checkbox"/> double room ensuite bathroom | CHF 84.00 |
| <input type="checkbox"/> single room, shared bathroom  | CHF 85.00  | <input type="checkbox"/> double room shared bathroom  | CHF 69.00 |
| <input type="checkbox"/> I preferre vegetarian meals   |            | <input type="checkbox"/> I arrive one day earlier     |           |
| <input type="checkbox"/> Additional dietary needs:     |            |   |           |

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Please return to

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**Zinnenstrasse 7, 6353 Hertenstein**



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**Print → Fold → put in window envelop to send**

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